



T H E S P A A T T H E I V Y

The Spa at The Ivy is a small sanctuary on the hotel's second floor, a jewel box of comfort, warmth and well-being. Natural health and vitality are the guiding principles at the Spa. Our product lines, Naturopathica and Restorsea, are leaders in research, development, and innovation. Our treatments and massage expertise will indulge you in an experience both restful and euphoric.

At The Spa at The Ivy, we recognize that every guest is unique. And although we have a treatment menu from which to choose, a simple conversation with your massage therapist, pinpointing your needs and preferences, allows your massage therapist to tailor your treatment for the most beneficial and relaxing experience. You may also bring the spa to your private quarters with an in-room massage. Whether an herbal rub-down after a day of meetings or a beauty blitz before a big event, the therapist's focus is wholly you.

BALTIMORE
THE SPA
AT THE IVY

THE SPA AT THE IVY MENU

The Spa at The Ivy is a beautifully designed luxury retreat right in the heart of Baltimore. Step inside this calming oasis and leave your worries behind. We create each experience to suit your needs, exceed your expectations, and reflect the unspoken wishes of your heart. Like a fine garment, each inspiring treatment is meticulously tailored to match the contours of your body, mind and spirit. Our spa welcomes not only our hotel guests, but outside guests as well.



FACIAL STUDIO

Custom Facial

60 Minutes - \$180 / \$160; 90 Minutes - \$270 / \$240

Our experienced estheticians provide each guest with a complimentary consultation prior to the treatment. Your esthetician will customize the service to address your specific skincare concerns needs and preferences ensuring the best products are utilized to achieve the desired results.

Sensitized Skin Facial

60 Minutes - \$200 / \$180; 90 Minutes - \$295 / \$240

Gentle yet effective treatment for the sensitive skin type or for skin that has been sensitized due to environmental stressors and /or immunocompromisation. This treatment utilizes Restor-sea, a product line specifically formulated for the treatment of sensitized skin as well as LED light therapy to assist the body with collagen production, tissue detoxification and healing.

Gentleman's Facial

60 Minutes - \$180 / \$160; 90 Minutes - \$270 / \$240

Specifically created for the gentleman's unique facial needs. This facial addresses skin that may be irritated from shaving, environmental or emotional stressors and provides mustache and beard moisturization.

Back Facial

60 Minutes - \$200 / \$180; 90 Minutes - \$290 / \$260

The Back Facial nurtures that area of the body most difficult to reach on one's own. The back is provided with a deep cleanse that purifies the skin and prepares it for treatment as identified by your esthetician through a thorough consultation.

Diamond Lifting Facial

90 Minutes - \$325

Revitalize, restore and reboot dull skin from environmental stress and DNA damage. Improve the definition of facial contours and dramatically return the elasticity, texture and tone of the skin.

FACIAL ENHANCEMENTS

May add to any facial treatment. Facial Enhancements may increase session length. Please verify at time of booking.

\$10 - \$30

Hydrating Treatments Masks: Eye, Face, Neck, Decollete
Manuka Honey Intensive Hydration Treatment
Kombucha Mask
Micronized Algae Treatment
Extractions
Intensive Eye Treatment
Exfoliating and Hydrating Lip Treatment
LED Light Therapy
NuFace Lifting and Toning targeted session

WAX SERVICES

15-60 Minutes \$18 - \$105

Back, Brow, Chin, Lip, Arm, Half Leg, Whole Leg, Bikini, Bikini Plus, Brazilian

TREATMENT ADD-ONS

May add to any facial or massage treatment. Add-ons may increase session length. Please request at time of booking.

\$20-\$30 each

Hand or Foot Quench
Targeted Back Exfoliation
Lip Exfoliation and Hydration Treatment
Hydrating Scalp Treatment
Cooling Eye Treatment

MASSAGE THERAPY

Custom Massage

30 Minutes - \$90; 60 Minutes - \$180 / \$160

90 Minutes - \$270 / \$240; 120 Minutes - \$360 / \$320

Our highly skilled massage technicians offer their unique set of skills. Prior to your session, you and your technician will tailor a treatment plan to address your individual physical concerns and preferences thus ensuring the most beneficial, healing and relaxing experience. Modalities our technicians may offer include Swedish, Deep Tissue, Trigger Point, Hot Stones, Reflexology, Reiki, Aromatherapy, Myofascial Release and more.

Ayurvedic Facial Massage

30 Minutes - \$90; 60 Minutes - \$180 / \$160

A lifting and toning massage targeting the muscles of the forehead, eyes, cheeks, jaws and neck precede the application of a hydrating and nourishing face mask treatment. Add LED light Therapy or a NuFace Treatment for additional lifting and toning benefits. An increase in cost may apply.

Probiotic Massage

30 Minutes - \$90; 60 Minutes - \$180 / \$160

90 Minutes - \$270 / \$240; 120 Minutes - \$360 / \$320

Improves the condition of the skin with peptide-rich probiotics to refine and smooth, antioxidants to alleviate the appearance of aging and ease wrinkles and deeply hydrating organic shea butter to seal in moisture.

In-Suite Tranquility

60 Minutes - \$250 / 90 Minutes - \$325 / 120 Minutes - \$425

Find your deepest level of relaxation with a customized individual or couples style massage provided in your guest room. A detoxifying, aromatherapy-enhanced bath is drawn at the end of your treatment, leaving you to enjoy a blissful sensorial soak.

Alpine Arnica Body Treatment

60 Minutes - \$205; 90 Minutes - \$295

Created especially for athletes, yogis, cellulite reduction and stress relief, this intensive deep tissue treatment is designed to focus on relaxing sore muscles, reducing tissue adhesions and congestion.

Prenatal Massage

30 Minutes - \$90; 60 Minutes - \$180 / \$160;

90 Minutes - \$270 / \$240

A gentle and nurturing experience for the expecting mother. Our prenatal massage technicians will focus on the muscular ailments generally associated with the effects of pregnancy while offering a safe and blissful experience for both mother and child. This service is offered in the 2nd and 3rd trimesters only.

Restorative Four-Handed Massage

30 Minutes - \$200; 60 Minutes - \$400

MASSAGE ENHANCEMENTS

\$25 each

Basalt Hot Stones
Himalayan Salt Hot Stones
Deep Tissue
Antara CBD Oil (**\$30**)

BODY RITUALS

Ultimate Zen

120 Minutes - \$345

This luxurious body ritual includes an ultra-hydrating full body exfoliation, body wrap and hot-oil scalp treatment followed by a relaxing and hydrating shea butter massage tailored with your favorite aroma. Your skin will retain its radiance for days.

Diamond Rose Ritual

60 Minutes - \$200; 90 Minutes - \$270

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with absolute damask rose oil that will transport you to a complete state of relaxation and well-being.

Cashmere Quench

60 Minutes - \$200; 90 Minutes - \$270

Treat yourself to a full body exfoliation and a deeply moisturizing body wrap while enjoying a relaxing scalp massage followed with an application of probiotic-enhanced lotion.

Lemon Verbena Hydrating Body Treatment

60 Minutes - \$200; 90 Minutes - \$270

A two-step body polish and hydrating wrap, this body treatment leaves skin radiant and deeply nourished. Following the scrub, the body is drenched in a soothing and smoothing treatment to promote deep hydration.

Moisture Drench Body Wrap

60 Minutes - \$200; 90 Minutes - \$270

The ultimate skin conditioning treatment for the body. This session begins with a hypnotic massage, layering a warm, mineral-rich seaweed serum infused with aromatic Japanese ume plum extracts to revitalize the skin and is followed by a detailed massage with our sea fennel massage wax to deeply seal in moisture for a silky, satiny finish.

ENERGETIC OPTIONS

Reiki or Reflexology

30 Minutes - \$90 / 60 Minutes - \$180

Modalities that work with the body's energetic centers or reflex points help combat the effects of stress while also assisting the body's efforts to restore homeostatic balance both physically and emotionally. For more information about the above artforms, please contact The Spa.

FOOT RITUALS

The Ivy Signature Foot Ritual **60 Minutes - \$120**

Tailored with your favorite aroma, our signature foot ritual begins with a soothing foot soak to alleviate sore, tired muscles and Himalayan salts to aid in the detoxification and remineralization of the body. Gentle exfoliation is provided with a hydrating sugar, salt and shea infusion. A foot and lower leg massage completes the ritual.

The Hot Toddy Foot Ritual **60 Minutes - \$160**

Our hydrating, organic sugar scrub is created fresh for every treatment and enhanced with your scotch of choice. The Hot Toddy Foot Ritual begins with a relaxing foot soak in birch-infused bath flakes. Enjoy a delicious dram of scotch while you soak, fully immersing yourself into the experience. The treatment continues with a fragrant and skin softening exfoliation, lower leg and foot trigger point therapy and finishes with a hot stone massage over the lower legs and feet.

IVY PACKAGES

Perfect Petite Retreat **150 Minutes - \$425 / \$360**

Transport the body and mind to a state of perfect bliss with a luxurious blend of services including a 60 minute customized facial and a 90 minute aromatherapy-infused signature massage.

The Diamond Package **150 Minutes - \$475; 180 Minutes - \$565**

Enjoy a smoothing and nourishing full body exfoliation followed by a hydrating and regenerating massage with Absolute Damask Rose Oil while also revitalizing and restoring skin dulled from environmental stress and DNA damage with the Diamond Lifting Facial. An unprecedented sensorial experience.

Ivy Spa Lunch Retreat **60 Minutes - \$200 weekday / \$225 weekend**

Relax with a 60-minute Custom Facial or Custom Massage. Enjoy a light snack and a glass of champagne upon completion of your service. Choose from either crudités or cheese board.

*All prices include gratuity

* Prices noted as X / X denote peak / off-peak

IVY SPA MEMBERSHIP PROGRAM

Become a Spa Member and receive a multitude of health and wellness benefits inclusive of but not limited to the following:

- 20% off any additional massage, body treatment or facial booked within the same monthly period
- 20% off your retail purchases every day
- 60-minute monthly massage, body treatment or facial service with your \$159 member commitment (4 month minimum commitment, after which, membership is month to month)
- Gratuity and Valet Parking are included
- Monthly Member Treatment and Retail Specials
- 10% off your guest room reservation at The Ivy Hotel

GROUPS

The Spa is the perfect venue for bridal and baby showers, wellness-centered bachelor or bachelorette parties, birthday celebrations, corporate retreats or family gatherings.

Spa service packages are customized specifically for your group. A bottle of champagne and 20% off your party's retail purchases are added group benefits. Contact The Spa for more details.

RETAIL OFFERINGS

Come visit the retail boutique inside The Spa At The Ivy and discover our offerings in luxury skincare, organic body care and natural health and wellness solutions. Some of our lines include:

Naturopathica is a natural skin and body care line that focuses on the health and well-being of skin and body by offering not only skin and body care solutions but also incorporate teas, tinctures and holistic wellness education

Restorsea - Naturally derived and clinically proven. Backed by clinical trials, the Restorsea line is anchored by a revolutionary, proprietary enzyme called Aquabeautine XL®, which gently exfoliates to minimize visible signs of aging without harsh side effects and reduces the appearance of hyperpigmentation.

Zents - Body care with organic and clean ingredients. Globally and locally sourced. Always vegan, gluten- and cruelty- free.

NuFACE and NuBODY - NuFACE helps improve facial contours and reduces while NuBODY helps tone and firm body skin while smoothing away the look of dimples.



THE SPA AT THE IVY HOTEL

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